

Provo Canyon offers everything from boating to outdoor theater

By The UTAH VALLEY CONVENTION & VISITORS BUREAU

In the shadow of 11,750-foot Mt. Timpanogos, Provo Canyon offers a variety of attractions and activities which appeal to everyone.

Between the towns of Heber, Midway, Provo and Orem are natural wonders ranging from high mountain peaks to lush valley meadows, 600-foot waterfalls, and quietly cascading springs. Hiking, biking, camping, horseback riding, fishing, boating and outdoor theater are just around the corner and fine dining and convenient accommodations are available throughout the area.

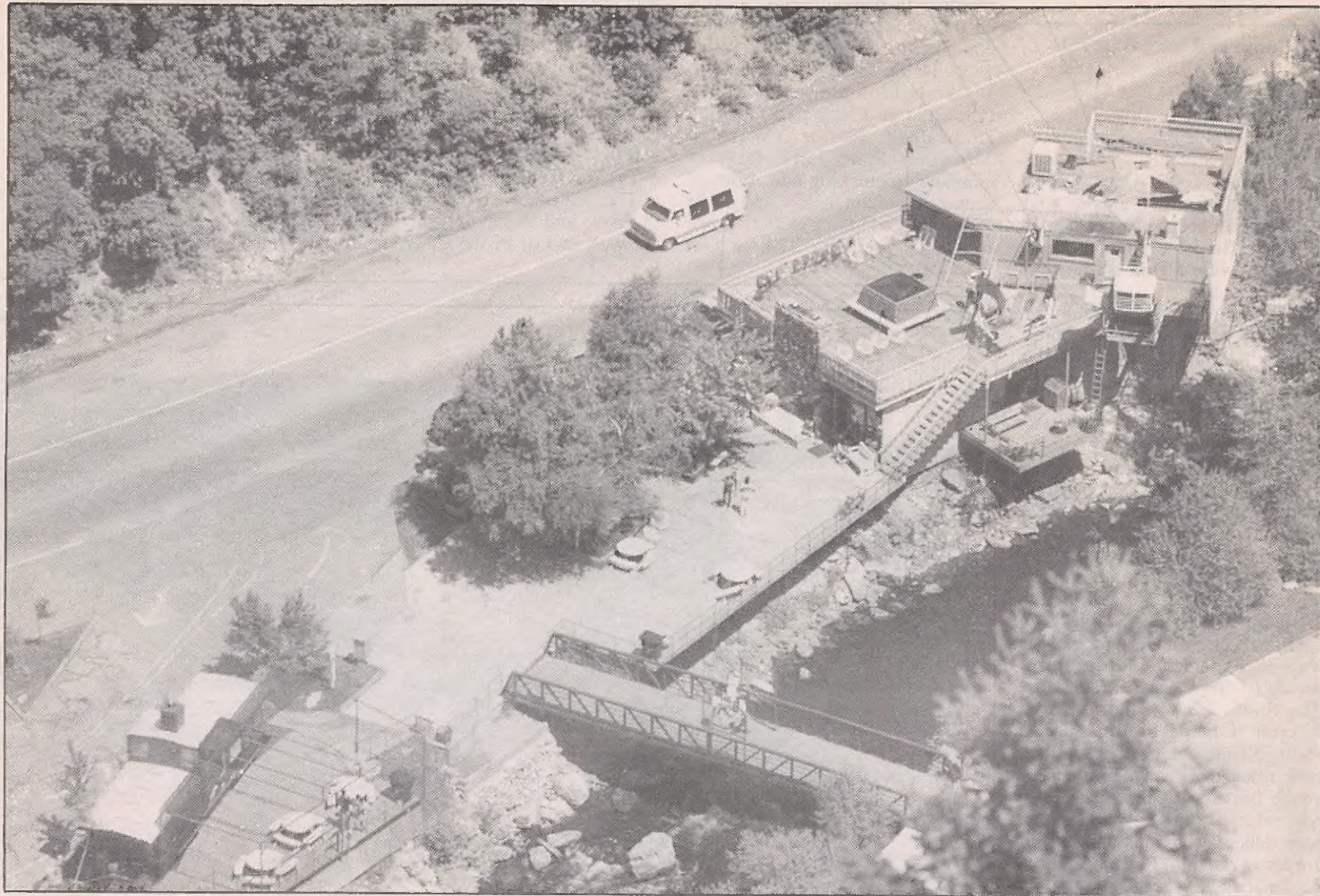
Special attractions include the 26-mile Squaw Peak Trail at the west end of the canyon which offers spectacular views of Utah Valley and a high altitude mountain bike trip across the front of the Wasatch Mountains.

The Alpine Scenic Backway begins eight miles up the canyon and presents spectacular views as well as access to Sundance Resort, Timpanogos Cave National Monument and Cascade Springs.

The unique Provo Canyon Parkway is a paved recreation path that leads hikers, bikers and sightseers on a winding, scenic trail. As the path follows the curves of the Provo River, it links a series of parks which provide scenic vantage points, picnic and camping areas and even volleyball courts.

Group reservations are available at parks and campgrounds by call-

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One of Utah's most recognizable landmarks, Bridal Veil Falls, is located just four miles up the canyon from the Provo/Orem area. The

double-cataract falls plunge over 600 feet and can be seen from either the roadway or from the world's steepest aerial tramway

which rises 1,228 vertical feet from the river bottom to the edge of a precipice above the falls.

Daily Herald Photo/Patrick J. Krohn

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ing 377-2262.

Alpine Scenic Backway

One of Utah's most popular scenic drives, State Road 92 (five miles down from Deer Creek Dam) winds for 19 miles around Mt. Timpanogos with spectacular views and access to the Timpanogos and Lone Peak wilderness areas.

Although this scenic backway offers numerous picnic, camping and hiking opportunities for the touring motorist, it is not recommended for long vehicles and trailers because of many narrow sections and switchbacks.

But for those who can navigate the road, fascinating attractions await including Timpanogos Cave National Monument, the Great Western Trail and Cascade Springs. For camping reservations, call 1-800-283-CAMP.

Big Springs Riding Stable

Horseback riding is a marvelous way to experience the natural beauty of the Wasatch Mountains. The South Fork spur of Provo Canyon is home to Big Springs Riding Stable, which offers guided trail rides daily on experienced, gentle horses. Breakfast and dinner rides, covered wagon rides, barn dances, reunions and parties are also available. For more information, call 225-8589.

Bridal Veil Falls & Skytram, Visitor Information Center

One of Utah's most recognizable landmarks, Bridal Veil Falls, is located just four miles up the canyon from the Provo/Orem area,

Heber Valley

Heber Valley is a picturesque region of lush green farms, secluded mountain homes and the rural communities of Heber and Midway. Heber Valley is home to Wasatch Mountain State Park (Utah's largest state park) and the Homestead Resort. Wasatch Mountain State Park features camping, picnicking and miles of scenic mountain roads and trails for hiking and biking as well as one of Utah's premiere 27-hole golf

courses.

The Homestead Resort in Midway also boasts 18 holes of championship golf along with elegant dining, accommodations and swimming in two pools situated on natural hot springs. For golf reservations, call Wasatch Mountain (654-0532) or the Homestead Resort (654-5588).

Provo/Orem

The metropolitan communities of Provo and Orem sit just outside the west end of Provo Canyon. A

growing high-tech mecca, the Provo/Orem area boasts one of the highest standards of living in the country along with an excellent educational environment, high-quality health care, a lower-than-average crime rate and rich cultural and recreational opportunities for its citizens.

This area has a great variety of restaurants, accommodations and services as well as area attractions such as Brigham Young University, Utah Valley State College and

several museums.

Sundance

Three miles up the Alpine Scenic Backway is Sundance, a combination ski resort, recreation area and arts community. On the rising slopes of Mt. Timpanogos, Sundance provides intimate indoor and outdoor dining, luxurious overnight accommodations in the Sundance Cottages, and a chairlift which operates on weekends and holidays.



Daily Herald Photo/Jason Olson

Traffic jam

This group of canoers found themselves passed them at 400 N. State St. Orem, in rain throughout the valley, the canoers, or